



The Coca-Cola company made the first cola drinks more than a hundred years ago. Companies now sell millions of bottles and cans of Coca-Cola, Pepsi-Cola, and other colas every day. The cola flavor in the drinks comes from the cola or kola nut. These nuts grow on trees in the hottest parts of the earth. Kola nuts have caffeine in them. Coffee, tea, and chocolate have caffeine, too. Caffeine makes some people feel nervous. Now there are also cola drinks without caffeine.

Cola and other soft drinks have carbon dioxide (CO₂) in the water. This gas makes bubbles. There is also a lot of sugar in these drinks. Some soft drinks have no sugar but artificial sweetener. It is possible that these artificial sweeteners are harmful to the body.

Exercise: Multiple-choice:

1. The Coca-Cola company started to make cola drinks _____.
 - A. in the eighteenth century
 - B. in the twentieth century
 - C. in the early part of the nineteenth century
 - D. in the latter part of the nineteenth century
2. The cola flavor in colas comes from the _____ of a certain plant.
 - A. fruit
 - B. flower
 - C. stem
 - D. root
3. It is possible that _____ are harmful to people.
 - A. caffeine and sweeteners
 - B. water and caffeine
 - C. sweeteners, sugar and water
 - D. carbon dioxide and water
4. Which of the following statements is not true?
 - A. Soft drinks are usually sweet.
 - B. Now Coca-Cola is very popular in the world.
 - C. Coffee, tea and chocolate are not soft drinks because they have caffeine.
 - D. Not all cola drinks have caffeine.
5. A sweetener is _____.
 - A. nothing but sugar
 - B. something that gives the sweet taste
 - C. anything sweet
 - D. made from sugar

(Correct answer: 1.D 2.A 3.A 4.C 5.B)